

— 28TH ANNUAL —



**-2025-
HOSPITAL
HILL
RUN**

SATURDAY | JUNE 7th, 2025

Timed 5K Run + 1 Mile or Timed Kids Run

Check in Starts @ 7:00am | Start Time @ 8:00am

- Sponsorships Available for Local Businesses & Families -

**For complete event details & to register visit
www.prairielakes.com/hospitalhillrun
or scan the QR code to register now!**



**All Proceeds Benefit the Prairie Lakes
CARING CLUB HOUSE**



PRAIRIE LAKES
Healthcare System



**Saturday
June 7, 2025**

• **Check-In between 7:00-7:45 a.m.**

Registration will be held near the Prairie Lakes Healthcare System **Caring Club House** located at 220 9th Ave NW.

• **Run/Walk starts at 8:00 a.m.**

Runners and walkers of all ages are welcome.
Please, no pets, roller blades, bicycles, etc.

• **Proceeds benefit Caring Club House**

Your donation of a non-perishable item is appreciated and will be gathered at the registration table during check-in.

REGISTRATION INFORMATION:

Register online at www.prairielakes.com/hospitalhillrun, scan the QR code on the front, or complete the form below.

• **\$20 Early Bird registration available through June 1st.**

Pre-registration on or before June 1st is **encouraged** to receive a shirt on race day! Any participants who registers after June 1st will need to pick up their shirt at a later time.

• **\$15 Local Healthcare Employees**

• **\$25 Any registrations after June 1st**

• **Free Children 12 years and under**

Questions? Call 882-7908 or visit
prairielakes.com/hospitalhillrun

Interested in sponsoring our event?
E-mail Marketing@prairielakes.com

Please print or type all information. Include payment and return registration form by mail or bring to Prairie Lakes Hospital. Entry form must be complete or it will be invalid. You may use photocopies of this form. One participant per entry form.

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Phone: _____ E-Mail: _____

Please Circle Desired T-Shirt Options Below:

Style	Size			
Youth T-Shirt (available in XS-XL)	XS	S	M	L
Women's T-Shirt	XL	2XL	3XL	4XL
Men's T-Shirt				

Event (circle one):

5K Run 5K Walk 1-Mile Walk 1-Mile Kids Run

Gender:

Male Female

Local Healthcare Worker?

Yes No

Timed Runners only, circle your age group:

10 & Under 11 - 13 14 - 17 18 - 21 22 - 25

26 - 29 30 - 39 40 - 49 50 - 59 60+

Mail to:

PLHS Marketing Dept.
PO Box 1210 or
401 9th Ave. NW
Watertown, SD 57201

Drop off:

PLHS Information Desk
Located in Main Lobby
401 9th Ave. NW
Watertown, SD 57201

WAIVER OF RESPONSIBILITY:

I hereby release the sponsors and organizers of this event from any liability for injuries suffered by me as a result of my participation in this event and waive any claim I might have against the sponsors and organizers for damages arising out of, or in any way relating to my participation in the event. I give consent that any photos depicting me at the event may be posted online or by media outlets.

Signature

Guardian's Signature (if under 18)