UPCOMING EVENTS

Prairie Lakes Healthcare System (PLHS) supports the community with a wide range of events and support groups. For more details and to register for an event, please visit <u>prairielakeshealthcaresystem.eventbrite.com</u>



Community Events:



Prairie Lakes Baby Café

Prairie Lakes Maternal Child Health hosts the Prairie Lakes Baby Café each Tuesday from 10:00 a.m. —1:00 p.m. The Baby Café is a free and informal breastfeeding support group offering ongoing professional lactation care.

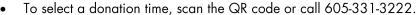
- The Baby Café is located in the Maternal Child Health family lounge.
- Drop-ins encouraged. No registration required.



Community Blood Drive

The Community Blood Bank "Blood Mobile" will be parked at Prairie Lakes Brown Clinic Main on Monday, March 24th









Grief Support Group

Our free support group offers an opportunity for those that have lost a loved one to find comfort, support, and hope. We provide a safe environment to learn about the process of grief, meet others who are dealing with losses, and share stories of your loved one.

Six-week session begins Tuesday, April 8th

Group will meet weekly from 4:30 p.m. — 6:00 p.m. in the Specialty Clinic Conference Room

• Please register in advance by calling 605-882-7714.

Health Classes:



Your Total Joint Journey

This education session is recommended for patients considering or scheduled for total joint replacement surgery along with their caregiver or coach. Classes are located in the Prairie Lakes Specialty Clinic Conference Room, the first floor or the Prairie Lakes Specialty Clinic, at noon.

Upcoming Classes: March 11th and 25th

Upcoming Classes: April 8th and 22nd



Childbirth Class Series—Free

This educational three-class series is designed to prepare the expectant mother and her support person for labor and delivery. Classes are held at Prairie Lakes Healthcare System in the MOB Conference Room from 6:30 pm—8:00 pm.

2025 Series 4: April 3, 10, 17

• 2025 Series 5: May 8, 15, 22